1) Attach the power supply, antenna, screen, and talk unit and power on
2) By depressing the two knobs located in the lower right corner of the screen unit, you can change which band you are selecting. By pressing F, then one of the knobs, you can change which frequency range the particular band is on.
3) Use the large knob to adjust the frequency on the present band, or by using the keypad on the talk unit, press A, then the numbers of the frequency you wish to select.
4) Press the button beside the MNU indicator:
   a) Using the large knob located in the bottom left corner and the ok/back buttons, select menu 1-6-1, and select the desired data band.
   b) Select menu 3-1, and enter the call-sign of the operator
5) While the band you selected as the data band is in focus, press and hold the F key for about one second, release, then press the TNC button. TNC APRS should appear at the top of the screen. If it does not, repeat this step until it does. TNC APRS will allow the TM-D700 to decode any incoming APRS packets on the frequency selected. TNC PKT will allow these packets to be sent to and APRS software you are running, if you have the TM-D700 attached to a computer running such software.
6) The larger knobs located at the base of the two knobs in the bottom right corner are to set the squelch level on the respective bands. Turn these counterclockwise until you hear static, then turn them back clockwise until you hear none.
7) The two knobs located at the lower right corner of the screen unit can be turned to control the volume of their respective bands.
8) Your radio is now ready to receive voice or packet information!